# LC-MS/MS METHOD FOR SCREENING OF INTOXICATION AND DRUG ADHERENCE OF ANGIOTENSIN CONVERTING ENZYME INHIBITORS IN PLASMA

**KLINISCHE PHARMAZIE &** PHARMAKOTHERAPIE

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## Background

Objective

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Cardiovascular diseases contribute largely to the portion of non communicable diseases and remain a high burden for the population causing more than 17 million deaths worldwide each year. Angiotensin converting enzyme inhibitors (ACEIs) are used for the treatment of cardiovascular diseases. The therapeutic effectiveness of these preventive agents is closely related to medication adherence by patients. Additionally, the increased availability of these drugs has led to the increased events of intoxication either intentionally or unintentionally (1,2). Qualitative screening of these agents using liquid chromatographytandem mass spectrometry represents a reliable technique for monitoring medication adherence as well as intoxication.



#### Methods

Fit-for-purpose validation was performed for limit of detection (LOD), recovery and matrix effect. Further the accuracy and precision was also conducted for the semi-quantitation following EMA, FDA and ICH guidelines(3,4,5).



#### **Method validation**

Following results were obtained from the semi-quantitative validation for linearity, accuracy and precision along with recovery and matrix effect.

> LOQ Recovery LOD Analyte Absolute r-value ng/mL ng/mL **ME** % name

#### **Optimized sample purification**





Benazepril	0.997	0.56	1.72	90.69	2.70
Enalapril	0.999	0.56	1.70	95.38	4.23
Enalaprilat	0.998	0.60	1.82	91.07	4.26
Perindopril	0.993	0.41	1.26	93.03	0.00
Perindoprilat	0.998	0.54	1.65	87.74	1.88
Quinapril	0.998	0.58	1.56	94.07	2.50
Quinaprilat	0.998	0.60	1.83	88.89	13.41
Ramipril	0.996	0.65	1.99	95.81	7.28
Trandolapril	0.999	0.59	1.79	93.04	3.60
Trandolaprilat	0.999	0.50	1.76	95.08	1.93

*Figure 1:* Mean (n=3) calibration curve for all analyte with linearity range of 0.78-100 ng/mL. Area ratio=Analyte peak area/internal standard peak area. Concentration ratio= Analyte concentration/internal standard concentration. Least square weighted regression was applied. Weighting=1/x^2

**Table 1:** Obtained results of validation parameters including co-efficient of correlation values (r-value) for linearity (0.78-100 ng/mL, mean (n=3)) for all analytes, LOD, LOQ, recovery and absolute ME (n=2). LOD=Limit of detection, LOQ=Limit of quantification. ME=Matrix effect



Figure 4: Effect of different conditioning, washing and elution solution on absolute recovery of all analytes and internal standard enalapril D5 (Ena D5), Black=Water and methanol: acetone (60:40) for washing and 2% formic acid in methanol for conditioning and elution, Light grey=Water, methanol: acetone (60:40) and methanol for washing and 2% formic acid in methanol for conditioning and elution, **Dark grey**=Water, methanol: acetone (60:40) and methanol for washing and 2% formic acid in acetonitrile for conditioning and elution. n=2

100

#### **Optimized chromatographic separation**

chromatographic gradient was finalised for Ihe achieving the maximum intensity and proper resolution specifically among the pro-drug and active metabolite.

Figure 5: Effect of different conditioning, washing and elution solution on absolute matrix effect of all analytes and internal standard enalapril D5 (Ena D5), **Black**= Water and methanol: acetone (60:40) for washing and 2% formic acid in methanol for conditioning and elution, Light grey=Water, methanol: acetone (60:40) and methanol for washing and 2% formic acid in methanol for conditioning and elution, **Dark grey**=Water, methanol: acetone (60:40) and methanol for washing and 2% formic acid in acetonitrile for conditioning and elution. n=2

## References

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## **Conclusion**:

The screening method was successfully developed and partially validated qualitatively for monitoring of medication adherence and intoxication of 10 ACEIs in 50 µL residual blood samples.



Figure 6: Chromatogram for all analytes. 1. Enalaprilat (RT=5.40 min), 2. Perindoprilat (RT=5.48 min), 3. Enalapril D5 (RT=5.56 min), (IS) 4. Enalapril (*RT*=5.69 min), 5. Perindopril (*RT*=5.83 min), 6. Quinaprilat (*RT*=6.17 min), 7. Ramipril (RT=6.29 min), 8. Benazepril (RT= 6.40 min), 9. Trandolaprilat (RT=6.47 min), 10. Quinapril (RT=6.62 min), 11. Trandolapril (RT=6.82 min). *RT* = *Retention time* 

# Disclosure

The results presented here have already been published in BIOANALYSIS VOL. 10, NO. 23 and permission was duly obtained from the journal editor to present the contents as a poster on congress.



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MS Mass Spectrometry: ACL Applications to the Clinical Lab